Chapter One

https://www.facebook.com/profile.php? id=100091294232805&mibextid=9R9pXO

I survived psychiatry. Therefore, the drug pushers are lying when they say patients will have to remain on the drugs for their whole lives.

i'm finally allowed to choose where to reside. I won hearing to acquire what most take for granted. In a historic case, I moved out of a group home. The abusers don't allow independence. I had to convince a judge to let me choose where and how to live.

Relaxation and euphoria both prevent paranoia. Surprise! Medicinal cannabis is how I survived forced psychiatry..

Ppl labeled "mentally ill" are victims of torture. Psychiatry preys upon good and innocent ppl.

Autism is devastating, hence Post Traumatic Stress Disorder. Most autism is much worse than my case, I'm denied a job since I "don't look disabled".

Savant syndrome is nothing like how it's portrayed on TV or in movies. I'm fed up with being an easy target. Appearing in public alone is terrifying. I've never harmed anybody and I'm fed up being labeled a "retard" and a "creep" and told "we don't like your kind around here". The populace is unaware that those discriminated against are on the spectrum glo(u)rified in fiction. The couch potatoes who ask, "can I help you, freak?" also glamo(u)rize suffering by claiming to have a "superpower". They fake autism for clout and harass autists, fasely accusing abused individuals of "self hatred". The positive aspects of savant syndrome are few and far between.

Unintentional ableism is still ableism.

Kedrick the Head Trip here. As of 2023, I'm feeling much better, having survived the Continuum of Care by the Department of Mental Health and Addiction Services in Connecticut.

I spoke out against forced psychiatry, and I was repeatedly retraumatized. There's no mass delusion, people who get abused don't share a delusion. Drug pushers misdiagnose easy targets to shift the blame away from themselves, projecting their own insecurities upon good and innocent people. Junkies get their fix at detoxification wards and preach sobriety.

I wrote critical reviews, and the violations escalated. Once I finally got diagnosed with Post Traumatic Stress Disorder, abusers shifted tactics from forced drugging and involuntary admissions to housing me with predators and trying to blind me I survived despite betrayal by liars I considered my friends for more than years. I got sent to improper settings and denied help that could have easily been provided. Some of those liars pretended to be my friends since long before adulthood, then they stopped pretending. When I got housed with predators and not allowed better housing, phony "friends" disrespected me. They wouldn't have to owe me anything

to do what friends are for. They didn't believe me or care since they couldn't see any shackles on me.

One person had a disease and a son. The remainder of them never explained. I fled a house in Wethersfield and the housing available was in New Haven, where I could've been murdered, so I fled to Bristol and requested a Probate Court Hearing. Knowing my life expectancy is shortened, liars in a mid life crisis downplay my plight like they don't know better. They'll probably outlive me by at least 4 decades.

—-

https://youtube.com/@kedricktheheadtripMusic

I wrote an essay;

1

Recovery from Forced Psychiatry

Now that I've recovered from forced psychiatry, a plethora of psychiatrists who had retaliated desisted.

I was experimented on by Dr. Richard Miller at the Wheeler Clinic in Plainville, Connecticut from 5th grade until graduation in 2005. Autism (more specifically, Asperger's syndrome) made me an easy target.

I was forcibly drugged to pull out my hair and fall asleep, then sent to detention for suffering from forced psychiatry; hence exacerbated Post Traumatic Stress Disorder

I wasn't allowed to taper off of pharmaceuticals when I graduated, I suffered withdrawal symptoms and was tortured. I was sent from Bradley Memorial Hospital in Southington, Connecticut to New Britain General Hospital in New Britain, Connecticut. Dr. Michael Edward Balkunas misdiagnosed Autism and Post Traumatic Stress Disorder as "bipolar disorder, schizoaffective disorder, and schizophrenia" or something like that without meeting me or corresponding with me. He vowed revenge because medicinal cannabis reduces the harm caused by forced psychiatry.

Community Mental Health Affiliates exacerbated Post Traumatic Stress Disorder by forcibly drugging me and forcing me into hospitals. I was denied assistance attending college.

I was also abused at Bristol Hospital Counseling Center.

Susanne Wargo forced me to take Xanax and I had a seizure from misplacing it. The staff at Bristol Hospital claimed the cause of the seizure was "undetermined" and I was abused in the psychiatric ward. Dr. Nachiappan Manoharan (sp) threatened forced injections of Zyprexa to cause diabetes, pancreatitis, and heart attacks, thus death; that's attempted murder.

Barbara Braunstein falsely accused me of using illicit narcotics whilst knowing I was forcibly prescribed drugs to cause drowsiness and threatened to drug test me. This person "worked" at the same location where I was forcibly drugged. The threat to drug test me was probably a bluff.

Margaret Pienezak of Community Mental Health Affiliates caused an anxiety attack by threatening to commit me after I was nearly murdered, falsely accused of being

a "sex offender" because I'm an easy target. Dr. John A. Nazarian sent Margaret Pienezak and Michael Higgassin (sp?) to lie under oath knowing they'd get away with perjury. Attorney Katrina Camera was appointed as Conservator without grounds.

Alice Martinez of the Department of Public Health lied about why I reported CMHA. It had nothing to do with not prescribing cannabis, I reported violations such as misdiagnoses and forced drugging. The DPH retaliated by encouraging torture. CMHA retaliated by sending me to Connecticut Valley Hospital in 2015. No risk factors were identified. I was discharged when housing was available about 4 months later.

I was sent to the Continuum of Care. I was then subjected to Leann Farley's cruelty. I nearly went blind from excessive lights and I got underweight because staff members bullied me for eating. Leann retaliated by not allowing use of the stove at night since I had to hide to eat.

July 2022

I fear for my life because it's in the hands of criminally negligent Attorney Katrina Camera, appointed in 2014. Dr. John A. Nazarian of Community Mentak Health Affiliates, a hate group, vowed revenge and meant it. He lied about why I reported him. It had nothing to do with what he doesn't prescribe. I knew I'd recover from pharmaceuticals if they were tapered. Nazarian doesn't allow recovery, hence the Conservator.

A Probate Judge broke the law and he has since retired.

Margaret Pienezak of CMHA caused anxiety by threatening to commit me for being assaulted over a false rumour. I was nearly murdered for being falsely accused of being a "sex offender" since I'm an easy target. I had to get out of CMHA to recover from forced drugging. CMHA's staff members lied about why I reported them. The Department of Public Health retaliated.

Since 2015, Continuum of Care has abused me.

Due to photophobia (i.e. light sensitivity,) from autism, my eyes hurt from being constantly subjected to bright lights while trapped in an improper setting. Continuum of Care an agency claiming to ""rebuild lives", employs negligent staff without any certifications. They're in it for an easy paycheck. I pleaded with them to stop allowing a bully to destroy my belongings. They hid in the office. They tried and failed to commit me for being harassed by a bully they forced me to reside with. I'm still a hostage since I don't choose where to reside. I finally moved out of that place, still trapped in the Continuum of Care. My own \$ would be withheld if I discharged myself.

Ppl with autism are under attack and expected to not defend ourselves.

The Department of Public Health

would probably retaliate if I reported said violations. Continuum of Care continues escalating its violations. As for why said scam still occurs, laws against such abuses are unenforced.

A staff member destroyed a resident's computer (not recently). Manager Leann Farley (in Wethersfield) probably destroyed my cell phone knowing I'd figure it was Mike Inigo, Jr. as usual.

2

Rebuttal to Sarah Carlson-Allwood

I recovered from pharmaceuticals years ago. They were finally tapered.

Sarah Carlson-Allwood misdiagnosed autism and PTSD as "schizoaffective, bipolar disorder". Trauma happened.

Medicinal cannabis saves lives. I have the license now. It's how I recover.

Falsifying medical records is illegal, the authorities just don't care. Sarah Carlson-Allwood vowed revenge because I'm unwilling to suffer from psychiatry, hence the "recommendation": being locked up and tortured at Connecticut Valley Hospital.

The safest and most effective medical necessity still prevents paranoia because it's still relaxing. Get over it.

Medicinal cannabis is the only way to concentrate, relax, and be motivated after being forcibly drugged since childhood.

3

Refuting Media's Lies About Autism

Nobody who downplays autism knows what a spectrum is. The media neglects to mention the severe cases of autism. I know it's usually much worse than what I have. Autism can mean being nonverbal and prone to seizures and wearing helmets and even diapers. Nobody downplaying autism knows about the varying degrees thereof. All degrees of autism are devastating and it didn't simply go unnoticed until recently. The prevalence of autism is rising. It's not increased awareness, it's an epidemic.

While TV shows and movies downplay autism, the news indoctrinates the populace to despise autistic people.

Having a medical condition has nothing to do with being in a community and autism existed before Reddit.

August 2022

An application was sent for better housing in Bristol. Continuum of Care's violations continue escalating. Two staff members, Tanice and Gary, disrespected me by befriending a mailman who threatened to assault me. I finally learned his full name, Milton Jackson.

After I explained my difficulty controlling the volume of my voice, the mailman threatened to control it for me. He asked Tanya, who recently began working here, if she controls ms, she explained that she doesn't.

Towards the end of August, Gary and Tanice retaliated by befriending Milton Jackson just to spite me.

Also, Jess denies the need to add more food to the pantry.

At the end of August, food was finally added to the pantry.

September 2022

New staff said to give them a chance. The air conditioner remains on in late September.

October 2022

The heat's finally on.

November 2022

I gave my 30 days notice and moved to Bristol. The conservator had no idea I knew her cell phone number. I sent a text because she never returns my calls.

December 2022

For the time being, my mother replaced Attorney Camera as Conservator.

Chapter Two

https://waterandhealth.org/newsletter/chlorination.html

The only company I had was Megan Prue, my ex girlfriend with whom I hooked up twice in the spring. She had the idea that my mother could replace her representative payee due to too many restrictions on her account. Unfortunately, my mother couldn't help.

Meg tried to escape the group home racket and the predators sent the police to commit her. They tracked her phone.

She ran away and the cops grabbed her.

Kedrick: "I won't let you assault a woman."

Meg told me, "Keddie I love you no matter what forever and ever".

April 2023

The reign of terror worsens. I'm prevented from visiting Megan Prue at Bristol Hospital. The drug pushers won't let her recover. She called Friday, April 28th 2023. She gets out Monday. She'll be discharged to the same group home she'd just fled, unfortunately. I'll help as much as I can.

The drug pushers were told that everyone who gets locked up gets traumatized, there's no recovery while still locked up, there's no recovery while still prescribed drugs to cause harm, and shame on them for not allowing the visit; they're sadists. The drug companies wouldn't inevitably collapse just because one person recovers. Good and innocent people still suffer and die from forced psychiatry because psychiatry still exists.

An advocate called me on Tuesday, May 2nd 2023 and will call lawyers.

Monday, June 5th, 2023

Continuum of Care's "Clients Rights and Grievance Officer" Dave Olstrom denied my light sensitivity and he denied that crooks were hiding in the office knowing I got preyed upon.

Tuesday June 13th, 2023

I got a letter from De Marco Management, falsely accusing me of unpaid of rent and damage, denying me the entire security deposit; the former Conservator documenting paying rent.

Meg can't be found online and her phone's out of service. I hope she's well.

June 19th 2023

Waxing crescent moon

I weighed 134 pounds today. I smoked weed and meditated.

June 21st, 2023

Summer solstice.

I wrote:

"Sent far out to inexplicable dimensions of realms again in spotted hyenas' dens, under dissociative anesthesia in the fens;

feeling the frequencies applicable when chakras are cleansed. "

Friday June 23rd, 2023

I called a law firm today. Suing the state is difficult despite the evidence.

Saturday, June 25th, 2023

I dreamed that Megan was in Florida.

Wednesday June 28th 2024

Meg' still missing.

Thursday, June 29th. 2023

Important: my friend Megan disappeared again, more recent than the incident in April. She'd been sending \$ to some dudes who ran her ragged, then she stopped sending them \$ and now she's missing. The current disappearance still hasn't been reported yet. I'm concerned.

I reported this.

Later today, I'm told she's at the group home and not allowed to use her cell phone.

Friday, June 30th, 2023

Posted online:

" A friend of mine is prevented from using her cell phone at a group home. She tried to recover from psychiatry. "

Cacti Pterosaur recording session.

Kedrick the Head Trip: "philosophies without degrees, topple these technocracies with ease and document atrocities while plausibly akin to octopodes and squids ..."

Saturday, July 1st, 2023

I weighed 126.6 lbs this morning.

Monday, July 3rd, 2023

Full moon.

Concerned about Meg.

I dreamed I was laying on the windowsill outside her window, conversing with her well.

Friday, July 7th, 2023

Still haven't heard from Meg. She fled a group home, got sent back, and can't contact anyone. They're abusing her. <u>Saturday</u>. <u>July 8th</u>, <u>2023</u>

feeling better by late night, been needing rehydration.

Sunday, July 9th, 2023

Megan's still denied ability to contact anyone. She tried to escape Gilead Community Services in Middletown. Bill Peirce said he'll see what he can do. They're not allowed to deny a person the right to use a phone.

Monday, July 17th, 2023

New moon in Cancer.

I called out abusers:

The junky staff members at @bristol_health sent a friend of mine back to where she fled abuse, @gileadcommunityservices

A liar denied that abuse occurs at Gilead Community Services, as if everyone who wrote critical reviews inexplicably shares a delusion. Yeah, right! The abusers won't let an alleged "client" contact anyone, they bribed the police to get away with said violation, and it's because the aforementioned person tried to move out of a group home described as "like a concentration camp".

The critical reviews add to the evidence.

(Praise the deities for Google reviews!)

A liar tried to cover his ass by questioning my intentions while a friend of mine is forcibly drugged and deprived of the ability to contact anyone.

July 18tth, 2023

https://apnews.com/article/muslim-lawmaker-attacked-connecticut-maryam-khan-53d856f22b664f16ccf6b4ac5fb413f7

https://www.registercitizen.com/capitalregion/article/maryam-khan-ct-hartford-attack-felony-charges-18206035.php

Protect women!

Thursday, July 20th 2023

I called Gilead Community Services about Justin Salvio falsely accusing me of "harassment" now, and I was told his supervisor will contact me.

I heard some dubious claims today.

My mother called that liar. I asked for an update. Barely anything was disclosed. Supposedly, Meg's safe and choosing to take a break from contacting anyone. I'm told to "be patient", "she'll reach out when she's ready".

In fact, I had been told she's denied ability to contact anyone. Now I'm told this isn't forced.

This contradicts all prior information.

I'm still concerned they're abusing her. A group home isn't devoid of abuse.

Friday, July 21st, 2023

I weighed 123.6 pounds. I went to Trulieve for pre rolls.

I wore the posture corrector for about an hour. For dinner I ate walnuts, corn, beans and coleslaw with vegan mayonnaise.

Saturday, July 22nd, 2023

Venus retrograde from today until September 3rd.

The process of acquiring the medical records includes my signature also. I signed yesterday.

I'll wait to hear from Megan.

Sunday, July 23rd, 2023

I'm in a (relatively) good mood this morning.

Planning to finally use some material, including this one;

" Authorities worldwide are horrified, mortified.

I transmogrify rebellion while they hide, fortified.

'Twas more than an insurrection defying dystopia so disastrous.

Recline on a throne to pass around a bone and laugh back at those who laugh at us.

Monday. July 24th, 2023

I preordered an 8th of Macbrid from Trulieve, circa 9:10 a.m..

About an hour later, I packed two bowls and after firing, I walked to the swingset while avoiding sunlight by only opening one eye; then did 120 push ups late this morning.

Chapter Three

Tuesday, July 25th

First quarter moon.

I decluttered my room after the wake and bake.

https://www.madintheuk.com/2023/07/antidepressants-antipsychotics-suicide-risk/?fbclid=IwAR24 wCmuwgwSF8e-

VogMkM4bZlwBQRpdwXWJU8FwvQyNKkkgJfXi1apG k

Raining this evening, also thundering.

Wedsnesday, July 26th 2023

10,600 views of Ingenuity, circa 8:35 a.m.

I ate cucumbers, rice, black beans, veggie burgers, et cetera

Thursday, July 27th, 2033

I bought an 8th from Trulieve. There was a storm this evening.

Friday July 28th, 2023

Mercury conjunct Venus.

At least I don't have to eat anymore.

Saturday, July 29th, 2023

Raining tonight.

Sunday, July 30th, 2023

I('ve) nearly finished the Latin course on DuoLingo

i ground scored \$1 and 5 cents. I weighed 139.4 pounds circa.3:50 p.m.

Monday, July 31st, 2023

For breakfast, I ate walnuts and a lemon.

Medical necessity costs \$ and I'm denied a job. I "don't look dsabled". Nightmares resurface without ganja, hence somno' phobia.

Tuesday, Aigust 1st, 2023

Jerry Garcia's Birthday

First Harvest in Northern Hemisphere

Full Moon

"Drug pushers lost a customer. I tapered off of pharmaceuticals, and the pushers wouldn't get away with torturing me over authentic medical necessity that's legal now. If not for medicinal cannabis, I would've definitely died from forced psychiatry. I won a Probate Court hearing and I'm not trapped in group homes anymore. Ganja saved my life since long before I was an adult. Therefore, ganja should be available to minors. There has to be THC. I'm against discrimination, including ephebophobia.

Relaxation and euphpria both prevent paranoia. Nobody gets paranoid from a relaxing medicinal herb. The herb is the only way to concentrate, relax and get motivated. "

I went to Trulieve this morning for an 8th of a hybrid.

Wednesday, August 2nd, 2023

Mild weather.

I smoked some weed bought cereal, did 60 push ups this afternoon and listened to Hallucinogen - Horrorgram.

I'm wearing an eye patch under sunglasses, using one eye and alternating. circa 7:55 p.m , Ingenuity surpasses 10,650 views.

Thursday, August.3rd, 2023

Languages with the same word for child and slave are a result of societies condescending upon young ppl.

circa 2 p.m., 133.8 lbs

I tripped on 2 tabs (of L) and smoked weed.

Friday, August 4th, 2023

Commercial for lawsuits about Gardasil.

Saturday, August 5th, 2023

I expect better in September. I smoked ganja today and wrote more lyrics to a work in progress.

Sunday, August 6th, 2023

Wrote more after the wake and bake.

Monday, August 7th, 2023

The sadists at Bristol Hospital won't admit the 1930's ended, they still fear jazz and swing.

Tuesday, August 8th. 2023

lion's gate portal

Wednesday, August 9th. 2023

As for the manner of abuse at Gilead Community Services", I don't ask questions that answer themselves, like "what are women subjected to at group homes?" Friday, August 11th, 2023

The liars at Gilead Community services can't fool me. Megan wouldn't have fled if she hadn't been abused, and the abusers won't let her contact me. I'm told to "be patient".

I'm sickened by what those crooks get away with. Justin Salvio is a predator. Group homes are a racket i.e , a criminal enterprise.

A woman who's historically fled from group homes including this one isn't "safe" there. The "employees" even threw out her baby pictures for running away from.a group home (not this one)

As for why she stopped communicating with those dudes she had been sending money to, I didn't pry. I didn't ask if she had even owed them any money or not. Saturday, August 12th, 2023

Better doctors now and they're finally addressing diseases I already had for more than years and I got ignored until recently.

Diseases worsened and I wasn't reminded that insurance covers transportation to doctor's appointments II was told I'm not allowed to address diseases.

Today, I smoked Hybridol and wrote a bit. Planning to extend Resistance to Psychiatry (the song).

Sunday, August 13th, 2023

Venus at inferior solar conjunction.

Sumatriptan needed at 3 p.m.

Monday, August 14th. 2023

I bought an 8th and after packing two bowls, I had to wait to smoke due to excruciating pain from stomach acids; have to wait to eat. I'm still underweight.

That's mostly from starving because of the Continuum of Care scam. I dehydrated and I was prevented from healing.

Today, I finally ate this afternoon, then smoked Hybridol and walked to a swingset. I weighed 135.4 pounds at about.6 p.m.

circa 8:55 p.m.l listened to Wizard69 - Free Spirits.

Tuesday, August 15th, 2023

Rain last night and this morning.

10,700 views of Ingenuity, circa 12:15 p.m.

Still raining.

I weighed 133.2 pounds at 1:07 p.m.

Chapter Four

Wednesday, August 16th, 2023

New moon in Leo.

https://www.mirror.co.uk/news/uk-news/woman-died-after-nhs-electric-7540901#ICID=sharebar twitter

My mother finally admitted i have a point, the predators are lying about Megan.

Kedrick: "She would've told me if she "took a break from friends". She saw how traumatized I was when the cops came here to commit her."

Thursday, August 17th, 2023

Good riddance to slums. I could've been murdered by hate mongers who think there's such a ppl as "white" ppl.

Irish indentured servants were historically considered "less valuable than (chattel) slaves". The Southern Poverty Law Center is a hate group.

Today, I walked to Trulieve for a quarter of Hybridol shake.

I also called DMHAS about Megan Prue.

Kedrick: "I won't know with certainty she's even still alive until I see her in person."

Friday, August 18th, 2023

Storm seems to have ended this morning.

Saturday, August 19th, 2023

Moon conjunct Mars.

Crisp air, hot out. Sumatriptan needed at 6 p.m.

Sunday, August 20th, 2023

I bought a quarter oz of a hybrid, Early Glue. Ingenuity was uploaded to YouTube 5 years ago today.

Monday, August 21st, 2023

Hot out today. The swings were recently removed from Wilson Park. I weighed 138.2 pounds at 3:30 p.m.

Stomach acid build up hasn't improved.

circa 7:30 p m., Ingenuity surpassed 10,730 views.

Tuesday, August 22nd, 2023

The swings should get replaced by next week, I'm told.

Wednesday, August 23rd, 2023

Ordered a quarter oz of Hybridol.

Even after I was finally allowed to recover from psychiatry, my health failed. Forced drugging takes its tolls. In the long run.

Mike Inigo Jr. was praised in the "Hall of Fame" on the official website of the Continuum of Care scam by the Department of Mental Health and Addiction "Services" and his history of sexual harassment and stalking was mentioned. So much for "privacy laws"!

Thursday, August 24th, 2023

Rain earlier than expected. Sumatriptan needed at about 3:30 p.m.

Feeling a bit better this evening. Still raining out. I ate two veggie burgers, then packed a bowl and avoided lights.

Friday, August 25th, 2023

Sumatriptan 8:40 a.m. Still raining.

I ate lentil soup and got a monthly shot to treat migraines. 10 seconds in my thigh. Saturday, August 26th, 2023

"Bristol Hospital should get shut down. Authentic medical necessity is legal now. The safest and most effective medical necessity is hpw I survived forced psychiatry. Ppl of all walks of life smoke weed to concentrate, relax, get motivated, et cetera Jeffrey Shelton and Susanne Wargo still endorse the lies from the 1930's, the "Reefer Madness" Era. They think Mexicans and black ppl are "out to get" them and "insane on marijuana that makes them think they're as good as white men". If those crooks got traumatized, they'd have to recant their lies and rely medicinal cannabis to heal from PTSD."

Sunday, August 27th, 2023

Mars in Libra.

I posted this online.(again) (updared since:

Predators at a group home are preventing my friend from contacting me because I tried to help her escape and recover from psychiatry, the group home racket, et cetera

As of Tuesday, September 12th, 2023

A woman who tried to recover from psychiatry and have a better life is now subjected to much worse abuse at Gilead Community Services in Middletown, Connecticut, described as "like a concentration camp"; the sadists at Bristol Hospital sent her back there. I risked my life preventing police brutality. She ran back in to where I reside, the cops grabbed her, and I intervened; then a predator questioned my intentions because his job includes bribing the cops and hiding

evidence of abuse. Justin Salvio abuses women. The aforementioned is forcibly drugged to cause damage. The predator said, "that's between her and her psychiatrist", the same torturer who lied so the woman got committed for trying to recover. The so-called "medications" are meant to cause irreversible harm. I know the abused woman is unwilling to use the pharmaceuticals damaging her. Most psychiatrists never take "no" for an answer. They're drug pushers, not merely dealers. The abusers at the group home are lying. They don't plan to ever let this woman contact me again, I survived psychiatry and I tried to help her survive. If she were allowed independence, then she wouldn't have been subjected to revenge for discharging herself and seeking a better life. She didn't choose to "take a break from friends", the abusers won't let her contact anyone and especially not me. They said she said she'll "reach out when she's ready" like they'd let her reach out. She also would've told me first if she willingly stopped using her phone and social media.

The lack of contact can't be her choice. I've known her for more than years and she wouldn't cause anxiety by not telling me before "taking a break from friends". She can't be "safe" at the group home, she tried to escape and the abusers vowed revenge and meant it.

They know I helped and they won't allow that ever again.

These abusers are by the Department of Mental Health and Addiction Services (rather than the Department of Developmental Services [not that area of the spectrum]).

Autism is inherently devastating.

Justin Salvio is a predator, a gaslighter, and a liar. His extension is 3420 at 1 860 343 5300. "

Monday, August 28th, 2023

Uranus goes retrograde tonight

I walked to Trulieve this afternoon

Tuesday, August 29th 2023

In a good mood today.

Wednesday, August 30th, 2023

blue supermoon tonight

Early this afternoon (?), I acquired groceries and a joint.

I ate blueberries.

circa 12:40 p.m.

Listened to Cosmic Forager - Garden of Pomegranates featuring Shpongle circa 3:45 p.m.

Swingset repaired.

Thursday, August 31st, 2023

Posted this:

"Relaxation and euphoria both prevent paranoia. Nobody who's relaxed and euphoric cab also be paranoid simultaneously. The safest and most effective medical necessity can't cause paranoia and nobody said so before the 1930's.

I would've died from forced psychiatry if not for medicinal cannabis. I was forcibly drugged to impair concentration and cause depression. Therefore, the herb is the only way to concentrate and heal from depression."

Friday, September 1st, 2023

New month ritual, I blew salt into my room. I tripped on 2 doses (of acid) , smoked weed, meditated, and watched Seinfeld.

Saturday, September 2nd, 2023

I bought a quarter ounce of Hybridol and groceries, including blueberries and vegan pizza.

Sunday, September 3rd, 2023

Tonight, Venus goes direct.

4:20 p.m., I packed a bowl of Hybridol.

I bought groceries today.

I did 75 push ups this evening

I've been using salt water mouthwash, I might have an infection.

Monday, September 4th, 2023

I acquired a quarter oz Hybridol shake and more groceries. I have a coupon for vegan pizzas.

Tuesday, September 5th, 2023

I walked to the swingset at Wilson Park. There's a heat wave. I did 75 push ups tonight.

Wednesday, September 6th, 2023

There's no enjoyment in solitary confinement. Humans are social, myself included.

Thursday, September 7th, 2023

I posted this online:

" Group homes = abuse. I got out because I won a hearing. Nobody's allowed out of group homes. The abusers forcibly disappeared a woman for trying to have a better life. "

I weighed 131.8 pounds today...

Friday, September 8th, 2023

Still waiting to hear about dentists who take my insurance.

This evening, there was a storm.

Saturday, September 9th, 2023

Survivors' guilt haunts me.

Power went out tonight.

Sunday, September 10th, 2023

https://www.nbcnews.com/news/world/blog/morocco-earthquake-live-updates-rcna104254

https://www.washingtonpost.com/world/2023/09/09/morrocco-earthquake-map-marrakesh-visual/

https://www.nytimes.com/article/morocco-earthquake.html

Today, I bought a quarter oz of Hybridol and one of Headcracker, an indica. Monday. September 11th,2023 Sporadic rain today.

https://www.theguardian.com/world/2023/sep/12/libya-floods-death-toll-dams-burst

https://www.nytimes.com/2023/09/12/world/middleeast/libya-floods-dams-collapse.html

https://www.cnn.com/2023/09/11/africa/libya-flooding-storm-daniel-climate-intl/index.html

https://www.washingtonpost.com/world/2023/09/12/deadly-libya-flooding-cause/

https://news.un.org/en/story/2023/09/1140652

Tuesday, September 12rh, 2023

This morning, still too dehydrated, screaming in pain. If I went to a doctor, I'd go blind and worse because of lights everywhere.

Felt better eventually.

Wednesday, September 13th, 2023

Upping the ante. I publicized Justin Salvio's atrocities and posted a link to his FB profile.

I wrote this some months ago:

I got tortured for opposing ableism and I got evaded by the ACLU I called for a Probate Court hearing to choose where and how to live. I'm still isolated because phony "friends" stopped pretending to be my "friends". I don't believe their lie that they've never heard of Conservatorship or Guardianship. Attorney Katrina Camera was Conservator of Person. I would've never willing subjected myself to improper settings. I had to wait to move because of the Conservatorship.

Nathaniel Oakes sneered, "rent is standard" knowing I wasn't allowed to choose where to reside and I got tortured by crooks while a lawyer paid them my \$ instead of letting me choose where or how to live.

Kevin Curtis is a liar who faked a friendship since middle school, then insulted me when I got tortured again and he could've easily helped. I don't drive, and he could've transported me away from abusers. Instead, he insulted me. He said, "I can't remember the last time someone reached to me without needing something". Bryan Durkee gaslit me by blaming my perspective. I reminded him he could've provided a break from the trauma. He had a vehicle and a license to drive. Sam Yosafi couldn't have been unaware that I wasn't allowed to "get a lawyer", the Conservator would've never allowed that.

I got housed with known sexual predators because I wrote critical reviews of scams by the Department of Mental Health and Addiction Services.

Chapter Five

IThursday, September 14th, 2023

new moon tonight in Virgo tonight

A lot of ppl from the south think New Haven isn't slum. They thibk that death trap is a "suburb" rather than a slum.

I bought an 8th of a hybrid today.

I posted this:

https://childrenshealthdefense.org/defender/maine-baby-sawyer-vaccine-death-aluminum/?

<u>utm_source=luminate&utm_medium=email&utm_campaign=defender&utm_id=20</u> 230914

Friday, September 15th, 2023

Mercury goes direct today.

Medical necessity used to do more than save my life, I used to also get high. If I tried a tolerance break, symptoms would resurface. Nothing's enjoyable when isolated.

Forced psychiatry caused diseases unaddressed until I got better doctors. circa 3:45 p.m.

Abuser, Dr Jeffrey Shelton, can be found here:

https://www.facebook.com/jeffrey.shelton.391?mibextid=9R9pXO

Saturday, September 16th, 2023

i bought a quater of a hybrid.

circa, 6:50 p.m.; I wrote this;

Tie dyed panther, oneiromancer,

vaguely hipped-out, tripped out,

reaction to disaster.

after certain characters due to questions not yet answered; I get evaded in a disrespectful manner,.

__-

My most recent song Resistance to Psychiatry;

There ought to be more resistance to psychiatry because of what's so violently endorsed within society.

Abusers who violate patients at hospitals

get away with it by portraying abused individuals as monsters.

Rebels left the hateful faculty members dismembered with their own scalps protruding from their own nostrils.

Brutality was inflicted upon me by those who tried to moralize with me while they tortured me, and stigmatized me as inherently wrong for surviving getting experimented on.

They retraumatize everyone they despise and they falsify medical records like insurance fraud would justify what they forcibly prescribed since I wouldn't be a pawn.

The alleged "independent fact checkers" were nowhere to be found when liars said there weren't any mental hospitals anymore.

The atrocities are even worse than before.

Torture is rampant in the name of psychiatrty in an apparently hateful, sanist and insanist society.

What they had done to me had been done to many before me, forcibly drugging me and how the traumatized are depicted is scripted

The critical reviews are shared and not a mass delusion, the sadists employed at psychiatric institutions are taught to lie about the patients who are ostracized. I sacrificed a lot to condemn the corruption. and I made contributions

Richard Miller ia a killer who forcibly drugs the prisoners at the Wheeler Clinic, where the unwilling test subjects are considered vermin.

The sadistic Dr. Miller forces drugs upon children to determine how they'll be harmed, including the tardive depression; forced to mutilate their arms.

The hatemongers who get easy paychecks at group homes are murderous, including those at Gilead Community Services.

The liar Justin Salvio hides evidence of violations.

Women flee from group homes rather than to them.

They flee from predators who make a killing by abusing them.

Dr. Jeffrey Shelton sends victims through a revolving door by committing them over and over so they get victimized more.

He pushes drugs to cause depression and anxiety.

I don't expect any better from psychiatry.

I survived the brutality of Micheal Balkinas in New Britain, Connecticut,

The fact I survived is exactly why he's regretting it.

The Community Mental Health Affiliates is a scam by neo-Nazi nitwits who prey upon the compassionate, the gentle and kind.

Dr. John Nazarian forcibly prescrbes drugs to terrorize minds.

The predators prescribe drugs to cause symptoms, either while taking them or withdrawing from them.

Blank checks are given the most inhumane and sadistic, the worst of the worst; the whole lot of them.

Twas conundrums to suffer in slums

where the crooks don't allow recovery or independence.

When they vowed revenge, they meant it.

They boast they're above the law.

They'll regret it when pokes to corn husks feel like they caught boar tusks to the jaw.

Too many prescribers are liars and Scarecrow-esque, Rebels spinning them into oblivion, while facilities decorated in a manner so grotesque, Blood shed to not denigrate the dead who were forcibly prescribed falsely advertised drugs to get depressed.

(I called out charlatans to get called to account for faking autism for clout. They so horribly lie, they glorify plight they know nothing about. Prescribers who fear losing customers don't let the easy targets out.

A medical condition does not constitute a community.

Truth differs from a sitcom or a movie.

To those who accumulate a fortune trivializing and glamorizing the plight are to blame for the abusers' intrusions and extortions.

The populace are afraid of a fever and a rash that ends after about a week, so they'd rather be permanently prone to seizures and unable to speak. They're pharmed like sheep and they'll vote for a creep.

Liars in a phony community online normalize and trivialize what they can't comprehend is devastating, not a gift or a superpower.

They pretend and they're exaggerating, denying the plight of many traumatized, stigmatized, minimized because of inconsistent lies; and they cower.

The media insults my intelligence by denying incontrovertible evidence. Far from compassionate or sympathetic, the media downplays the devastating autism epidemic.)

Sunday, September 17th, 2023

Cartomancy

Monday, September 18th, 2023

Made progress.

The abusers at Gilead Community `Services " are "nervous " and they called the cops on me. I asked to please relay a message to _____. I haven't recovered since she disappeared and I still suspect abuse. If her fiancee won't let her keep friends she alresdy had, then he's abusive. Also, the engagement occurred *instantly*. Those are both red flags. _____ and I had no falling out, we had plans and then, I'm told

about a "break from friends" *without warning*; like she would cause trauma. Just because she's engaged doesn't mean we can't still be friends. I know she'd never be "safe" at a group home. She fled because the staff members are abusive. She fled *to* me, not *from* me. If she needed a "break from friends", she would've *told me first*. As for, "she'll reach out when she's ready", that's too vague. Days, weeks, months? I'm dying, screaming in pain. "Why can't we be friends"? I was told to calm down. I'm not in any legal trouble.

My case was never transferred to Bristol Probate Court. I was told so late *last year*. Tuesday. September 19th, 2023

I haven't lost hope.

Wednesday, September 20th, 2023

My mother is trying to get answers. She sent this:

"Hello, can you call Kedrick tomorrow, he's more calm and just wants to know that she's ok ,and that she's not mad at him.

Also fyi she asked me (Through Kedrick)if I could be her rep payee. I declined but I just wanted you to know that information.

And Kedrick states nothing went wrong between them."

_

Thursday, September 21st, 2023

Acquired a quarter of Indicol. I've been calmer lately, continuing into tonight, except for alarming news:

Domestic violence rampant by cops. I found Megan''s Facebook profile. I reactivated a profile she hadn't been forced to block yet.

She told me about the cop. "Not that serious yet" right before she got forced to block her friends except 1 fake profile She's not really engaged as she claimed. 1 person on a friends list is a red flag. Happened before, she had to block her male friends. Now 1 friend, an abusive cop, apparently, ostensibly.

Friday, September 22nd, 2023

After a few comments remained without replies despite having posted since, posted this to Megan:

"I friend = red flag. You're not allowed to have friends? For real? Not the first time you had to block friends. Not cool. You get abused and have to block your friends? ... Abusers make you block your friends, whereas I certainly wouldn't. Years ago, you said, "I have to block all of my male friends sorry" now 1 friend on the list? " I deduced the problem to a degree ... I was on the right track...

Knowing history, this entire scenario is suspicious.

I reported the spousal.abuse to the Department, and *that's* why Megan had to block me again.

Saturday, September 23rd, 2023

My mother's birthday and the Autumn equinox.

I called the group home Megan got sent back to and expressed my concerns.

Sunday, September 24th, 2024

Control freak forced a woman to block her friends, and he's a cop. I'm terrified. I called the group home because that's the only way to report him without knowing his name.

Chapter Six

Monday, October 9th, 2023

I bought quarter oz and a gram of crumble, both hybrids.

Cacti Pterosaur recording session tonight.

Tuesday. October 10th, 2023

Good weather today, smoked weed and went to the swingset. I ate vegan pizzas garbanzo beans.

https://childrenshealthdefense.org/defender/merck-gardasil-hpv-vaccine-teens-narcolepsy/?utm_source=luminate&utm_medium=email&utm_campaign=defender-wk&utm_id=20231008

Wednesday, October 11th 2023

circa 8:05 a.m.; 10,830 views of Ingenuity.

circa 11 a.m., I ate chickpeas.

I published this:

https://youtu.be/6ltKqfc3YP8?feature=shared

Thursday, October 12th, 2023

Still warm out, walked to the swingset.

Finished quarter ounce and bought another one this afternoon. Hybridol in this case.

100 percent accuracy on duality test on an ESP training app.

circa 8:15 p.m.

Listened to Mobitex - Ayala.

Friday, October 13th, 2023

Cold out today.

I wore a posture corrector for about 2 hours tonight.

Saturday, October 14th, 2023

New moon.

I uploaded this: https://youtu.be/5dmW5|xExxg?feature=shared

Rained today.

I bought a quarter of Hybridol LM. I again wore a posture corrector for 2 hours.

Sunday, October 15th, 2023

I wore a neck brace for 45 minutes. The weather's better today than yesterday. I weighed 138.6 pounds at about 1:40 p.m.

I acquired a half gram of butane hash oil.

Tonight's dinner was blueberries and garbanzo beans, plus potato chips and chocolate oat milk frozen dessert.

Monday, October 16th, 2023

Raining again, but less.

I signed petitions against the genocide in Gaza.

I posted this:

"My bday is Nov 26th. I'm not thrilled. Positive interactions aren't too much to ask for. I'm mostly fire without enough air, hence isolation is ruining me. I don't attend

public events anymore. Either nobody willing to socialize with me is able to, or nobody's willing to."

I also posted this, updated since:

"https://m.youtube.com/watch?feature=shared&fbclid=lwAR3whgN4OtAeRgK4Dt5ulgOFjx3Uo1Lz-hKnuwU3FkNtb6Wj94Kme9hguk&v=5dmW5JxExxg

A so-called "client", Megan Prue, is still abused at a group home, Gilead Community "Services"; in part because I was prevented from rescuing her. Also, a cop forces her to block her friends

I had omitted the victim's name until recently, after months of survivor's guilt. " Tuesday, October 17th, 2023

"I posted this:

I stopped attending public events because I'm an easy target and bouncers don't see my #disability, they see an easy target. Do I seem capable of fending off bouncers?

#ActuallyAutistic"

I bought a quarter ounce of Hybridol OM.

I ate a banana, cashews, ginger slices abd vegan chick'n.

A hospital was bombed in Gaza. There was also a hate crime. An elderly landlord stabbed a child to death in Illinoois for being Palestinian.

Wednesday, October 18th, 2023

I still get cyber harassed for knowing autism is devastating.

Thursday, October 19th, 2023

Israeli soldiers desserting.

Friday, October 20th, 2023

Raining out.

I bought 2 8th's, an indica and a hybridm

" This afternoon, I wrote:

If my enemies speculate about what I might do in secrecy, they won't lose any less sleep than me. "

Eye doctor appointment soon. I wasn't planning to have to hide my eyes for eternity.

Saturday, October 21st, 2023

Still raining.

https://www.psychiatrictimes.com/schizophrenia/antipsychotics-and-shrinking-brain? fbclid=IwAR3Kx9f7JVsKM1ayUTTWyrHRyz_VPpOrw_4ESUjyn1nW26ExHPlt_6RDkxY Fire across the street tonight.

Sunday, Octpber 22nd, 2023

https://childrenshealthdefense.org/defender/cdc-safety-childhood-vaccines-money/? utm_source=luminate&utm_medium=email&utm_campaign=defenderwk&utm_id=20231022

https://childrenshealthdefense.org/defender/psychiatric-drugs-adults-kids-cola/? utm_source=luminate&utm_medium=email&utm_campaign=defenderwk&utm_id=20231022 Abusers get called out to get called to account. Megan rots at a group home and I barely sleep. I reported domestic violence and human trafficking.

If I didn't report. I'd get asked why I didn't report.

Monday, October 23rd, 2023

I bought an 8th of Early Glue.

100 percent accuracy on duality test on E.S.P. training app.

Tuesday, October 24th, 2023

I weighed 143.3 pounds this morning. I attended an eye doctor appointment today. https://childrenshealthdefense.org/defender/yonatan-moshe-erlichman-cardiac-death/?

utm_source=luminate&utm_medium=email&utm_campaign=defender&utm_id=20
231024

I weighed 138.4 pounds this evening.

circa 7:40 p.m., I posted this;

"What was stolen from me can't be bought back, hence I disregard money. My youth was ruined by #psychiatry. I got experimented on at school. Forced druggng takes its tolls."

Lacking what most take for granted, I do the best I can *without* resources. Most ppl with jobs won't spare a dollar. I'm poor and generous.

Wednesday, October 25th, 2023

I'm still lied to about Megan.

A cop forces her to block her friends. Domestic violence is the case.

I had omitted the victim's name until recently, after months of survivor's

Her and I got along great. She wouldn't ghost me. She's in an abusive "relationship". A predator won't let us correspond.

If she was safe, she'd be allowed to contact me and escape the cops and the group home racket.

The victim didn't consent to the "relationship" with the police, especially not after I had to risk my life to protect her from them.

Circa 8:20 p.m.

"Hate mongers are faking #autism for clout. They're not on the #autismspectrum, they're on couches. They're not #ActuallyAutistic, they're couch potatoes. Autism isn't how it's portrayed on TV. There are more severe cases than mine, and I got abused in schools, hospitals and group homes; I won't downplay my plight. The media's lies are also inconsistent. The news endorses the lie that autism somehow causes rampages while fiction glo(u)rifies a devastating condition, hence the indecisive populace. "

Thursday, October 26th, 2023

I weighed 135 pounds this morning.

I bought an 8th og G.M.O.

circa 4 p.m.

" Gilead Community Services staff members know about domestic violence inflicted upon a so-called "client" and they prevent me from rescuing the victim while she's

forced to lie at gun point. This abuser is a cop. The staff members know and they won't let her escape him. "

Friday, October 27th, 2023

I updated the lyrics to Resistance to Psychiatry:

"There ought to be more resistance to psychiatry because of what's so violently endorsed within society.

Abusers who violate patients at hospitals

get away with it by portraying abused individuals as monsters.

Rebels left the hateful faculty members dismembered with their own scalps protruding from their own nostrils.

Brutality was inflicted upon me by those who tried to moralize with me while they tortured me, and stigmatized me as inherently wrong for surviving getting experimented on.

They retraumatize everyone they despise and they falsify medical records like insurance fraud would justify what they forcibly prescribed since I wouldn't be a pawn.

The alleged "independent fact checkers" were nowhere to be found when liars said there weren't any mental hospitals anymore.

The atrocities are even worse than before.

Torture is rampant in the name of psychiatrty in an apparently hateful, sanist and insanist society.

Twas conundrums to suffer in slums

where the crooks don't allow recovery

or independence.

When they vowed revenge, they meant it.

They boast they're above the law.

They'll regret it when pokes to corn husks feel like they caught boar tusks to the iaw.

Too many prescribers are liars and Scarecrow-esque,

Rebels spinning them into oblivion,

while facilities decorated in a manner so grotesque,

Blood shed to not denigrate the dead who were forcibly prescribed falsely advertised drugs to get depressed.

The predators prescribe drugs to cause symptoms, either while taking them or withdrawing from them.

Blank checks are given to the most inhumane and sadistic, the worst of the worst; the whole lot of them.

A victim fled the group home racket,

so the abusers sent the cops to where I reside,

I intervened to protect her and I could've died.

Abusers at Gilead Community "Services" are preventing her from escaping a predator.

A crooked cop wasn't given consent from her.

Women flee from group homes rather than to them.

They flee from the predators who make a killing by abusing them.

Victims aren't allowed to transition out of group homes, the predators are tracking their phones.

The C.E.O. knows about domestic violence inflicted upon a so-called "client" I tried to rescue from the group home racket.

He's a predator who forced her back in it. "

circa 8 p.m.

https://childrenshealthdefense.org/defender/pfizer-hid-data-covid-vaccine-trial-deaths/?

<u>utm_source=luminate&utm_medium=email&utm_campaign=defender&utm_id=20</u> 231027

Full moon tonight.

I did 90 push ups and wore a posture corrector.

Saturday, October 28th, 2023

I had a dream thst Megsn called me.

Partial lunar eclipse tonight.

This afternoon, I bought ab 8th of a sativa. I walked to the swingset. I ate a vegan pizza and a pear.

Sunday, October 29th, 2023

Cartomancy: 9 of Hearts, 5 of Clubs, 9 of Spades, 5 of Hearts, 2 of Spades.

In the spring, Meg texted me, "i love u no matter what forever n ever"; now she's forcibly removed from my life and forced to lie.

I posted this:

https://truthout.org/articles/israel-is-arming-fascist-militias-to-suppress-dissent-knesset-member-warns/?

fbclid=IwAR1Wb0QFkH4mRpS1VBHtdhsmtwF_NHPh5pl9sEDo4Pgvz5wiXl76rdHAZUI Monday, October 30th, 2023

I sent this to Gilead Community Services:

" I'll calm down if the lack of contact is temporary and Meg will eventually contact me. She said she loves me forever and ever no matter what. I got retraumatized when she got committed and again when she suddenly stopped conversing with me.

I never harmed her.

How about she contacts me so I won't suffer so much?

My bday is Nov 26.

Nothing went wrong between Meg and I. There's evidence to the contrary. "

Tuesday, October 31st. 2023

Samhain is pronounced SOW-in.

Chapter Seven

Wednesday, November 1st, 2023

Raining outside. I blew salt into my room to greet the new month.

Thursday, November 2nd, 2023

I weighed 138.4 pounds this evening.

https://youtu.be/OmUGFcx39Hs?feature=shared

Friday, November 3rd, 2023

I bought an 8th of Hybridol and groceries. I'm feeling better.

Saturday, November 4th 2023

I bought 3 pre rolls and groceries, walked to the swingset, and appreciated the warm weather.

Sunday, November 5th, 2023

The "gifted and talented" classes were meant to identify what kids to experiment on.

circa 9:05 p.m.

I posted this:

"I got tortured because medicinal cannabis saves my life. The torturers ought to resign now that authentic medical necessity is legal."

circa 10:50 p.m.

Sam Yosafi is a liar. He told me to "get a lawyer" knowing I wasn't allowed to. A Conservator of Person wouldn't allow me to "get a lawyer".

Monday, November 6th, 2023

I posted this:

"I reported a crooked cop who violated an autistic woman and I was lied to. I wasn't contacted on September 18th as alleged by the Middletown Police Department. Megan Prue tried to escape Gilead Community Services and I protected her from the police. Now she's rotting at the group home again, forcibly drugged and forced to lie. The cops say this matter is closed. The predators were rewarded."

- - - - -

I bought an 8th of indica, an 8th of a hybrid, and two hybrid prerolls.

Tuesday, November 7th, 2023

Still warm enough for the swingset.

Wednesday, November 8th, 2023

Wake and bake, then listened to Stereomantra - Wings.

I took a nap this afternoon.

circa 4:30 p.m., I weighed 146.2 pounds.

This evening, I ran out of weed. preordered an 8th of Hybridol QR and two prerolls of a Sativarin U for tomorrow

Thursday, November 9th, 2023

Crooked cop Andrew Lindberg violated an autistic woman for trying to escape a group home and he gets away with it.

circa 9:20 a.m.

Using a posture corrector today.

circa 4:30 p.m.

Removed the posture corrector.

Tonight. I barely smoked weed since there's nothing to do. There's nothing to enhance. There's nobody here. I'm not about to waste weed.

After years of getting tortured in group homes, I'm still forcibly isolated. Solitary confinement is torture. Medical necessity goes to waste.

Despite legalization, nothing to celebrate. Still forcibly isolated. After winning a Probate Court case, still without positive interactions. Medicinal herb still saves my life, I just don't enjoy anything anymore because I'm trapped without friends.

There's nothing to enjoy. There's nothing to enhance.

I'm constantly reminded of the trauma from getting locked in cages, et cetera If anyone else were compassionate, I wouldn't be isolated.

Insurance won't pay to save my life.

Friday, November 10th, 2023

I'm the legend who called out a crooked cop, Andrew Lindberg, for violating Megan Prue because she tried to escape Gilead Community "Services".

" A victim who fled a group home and got forced back isn't safe there.

She didn't consent to the police. I risked my life to protect her from the police.

A crooked cop, Andrew Lindberg, is violating Megan Prue because she tried to escape Gilead Community "Services" in Middletown, Connecticut.

The Middletown Police say this matter is closed.

The abusers won't let the victim contact me (since June of 2023). I could've died protecting her. She ran away and the cops grabbed her and I intervened.

The lack of contact is by force because I protected her from the cops and I tried to help her escape the group home racket.

I will always care. Even if I had anyone else, I'll still always care.

The only company I've had in years was forcibly removed from my life and she rots at a group home terrible enough to run away from.

I'm terrified of what"# inflicted upon her. I suffer constantly"

Saturday, November 11th, 2023

Mercury in Sagittarius and Venus in Libra.

I bought a half dozen hybrid prerolls.

"'Twas sorrow on me when I inexplicably failed miserably."

Sunday, November 12th, 2023

https://youtu.be/18yOOLW-at4?feature=shared

Monday, November 13th

Andrew Lindberg should rot in jail for rape

Retaliation (again) today

Friday, November 17th, 2023

I was discharged this morning.

Kedrick: "I have enough of a following on the internet, a patient recognized me. "

Saturday, November 18th, 2023

I bought prerolls.

circa 4:30 p.m., I weighed 145 pounds.

Sunday, Novbember 19th, 2023

I bought 4 pre rolls, 2 sativarin U and 2 indicol SCP.

I posted this:

"I'm well known enough to get recognized in public and get subjected to retaliation for condemning certain ppl online. I have enough of a following to make an impact. The point is still music. I also called out some ppl, some of whom retaliated."

Cartomancy : Queen of Diamonds, 9 of Clubs, 7 of Diamonds, 3 of Hearts, King of Spades.

Later tonight, I shared footage from Gaza:

https://www.instagram.com/reel/Czvp_3CNb6v/?igshid=NGEwZGU0MjU5Mw==

https://www.instagram.com/reel/Czy1gtuMw4J/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/Cz1VBDHIBv3/?igshid=ODhhZWM5NmIwOQ==

Monday, November 20th, 2023

All of these resonate:

https://www.instagram.com/reel/CzXaGg1pak2/?igshid=ODhhZWM5NmlwOQ==

https://www.instagram.com/reel/Czr75HEPoOb/?igshid=NGEwZGU0MjU5Mw==

https://www.instagram.com/reel/CymaPl2p3ke/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/CyZVCFCyP5X/?igshid=ODhhZWM5NmlwOQ==

https://www.instagram.com/reel/Cx_yMHeJHrQ/?igshid=NGEwZGU0MjU5Mw==

https://www.instagram.com/reel/Cx0ndSVr6AC/?

igshid=NGEwZGU0MjU5Mw==https://www.instagram.com/reel/CxboN_APhh1/? igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/CxRe7vEpbi /?igshid=ODhhZWM5NmIwOQ==

circa 11:50 a.m.

10,980 views of Ingenuity.

https://www.instagram.com/reel/CxY0X1eSpxu/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/Cz4Rq1YyerR/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/Cz4R_TTS9HT/?igshid=ODhhZWM5NmlwOQ==

https://www.instagram.com/reel/Cz4RjX-Sik3/?igshid=ODhhZWM5NmIwOQ==

https://www.facebook.com/share/r/gn2pWsf8knYtXyZE/?mibextid=JlhMmq

Smoked a few indica joints tonight.

circa 6 p.m.

https://www.instagram.com/reel/CzzG9MKM1vP/?igshid=ODhhZWM5NmIwOQ==

circa 8:45 p.m.

https://www.instagram.com/reel/Cz44mywJ2a9/?igshid=ODhhZWM5NmIwOQ==

Later

More readings

https://www.instagram.com/reel/CzrhnVGMoY3/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/CzrdMVNsKgD/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/CxJiaGttv_3/?igshid=ODhhZWM5NmIwOQ==

circa 9:20 p.m.

Shared these:

https://www.instagram.com/reel/CznIXDXO7Du/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/Czpulk2OU5w/?igshid=ODhhZWM5NmIwOQ==

https://www.instagram.com/reel/Czkjd5eOLOg/?igshid=ODhhZWM5NmIwOQ==

9:38 p.m.

Readings

https://www.instagram.com/reel/CyQyo20000i/?igshid=ODhhZWM5NmlwOQ==

Tuesday, November 21st, 2023

Shared this from Bisan:

▶ Watch this reel

https://www.facebook.com/share/r/RQ3hLP3Tco6vhvdg/?mibextid=|lhMmg

This morning, I ordered Ivory prerolls, a hybrid; about 30 percent THC. circa 10:12 p.m.

Reading:

https://www.instagram.com/reel/Cz6Z83WuJEU/?igshid=ODhhZWM5NmIwOQ== circa 10:25 p.m.

I weighed 146.4 pounds.

This afternoon, I did 90 push ups. I ate 2 veggie burgers and walnuts.

6:16 p.m.

Reading:

https://www.instagram.com/reel/Czo2uiuMs5T/?igshid=ODhhZWM5NmIwOQ==

This evening, I listened to Lab's Cloud - Woman Sensitivity (Original mix). circa 9:30 p.m.

Posted this to condemn the genocide in Palestine.

▶ Watch this reel

https://www.facebook.com/share/r/6mnWYkirrtRGg3Aw/?mibextid=JlhMmq

Wednesday, November 22nd, 2023

I preordered an 8th of a hybrid. I weighed 144.2 pounds this morning. I ate veggie burgers, blueberries and walnuts.

circa 8:55 p.m.

11,002 views of Ingenuity.

Thursday, November 23rd, 2023

I weighed 148.6 pounds at about 1:35 a.m.

Friday, Novbember 24th, 2023

I awoke early and finished my 8th. I weighed 145 pounds this morning. I preordered a half dozen hybrid prerolls.

Today, I went to get glasses at _____.

Readings:

https://www.instagram.com/reel/Cz_IF-8sPta/?igshid=ODhhZWM5NmIwOQ== https://www.instagram.com/reel/C0CZAr1oTIZ/?igshid=ODhhZWM5NmIwOQ==

I'll finally have glasses soon with a tint so my eyes will heal.

I ate cashews tonight.

Saturday, November 25th, 2023

I bought an 8th of indica and 2 hybrid joints.

circa 7:35 p.m.

Reading in my feed:

https://www.instagram.com/reel/C0FoOGaMILb/?igshid=ODhhZWM5NmIwOQ==

Sunday, November 26th, 2023

My 37th birthday. I tripped on 2 tabs.

Monday, November 27th, 2023

Full moon tonight.

Chapter Eight

Tuesday, November 28th, 2023

I bought an 8th of a hybrid.

Readings in my feed;

https://www.instagram.com/reel/C0M4mqUSibq/?igshid=ODhhZWM5NmIwOQ==https://www.instagram.com/reel/C0NCMcFyZoG/?igshid=ODhhZWM5NmIwOQ==

I ate cashews and walnuts.

Wednesday, November 29th, 2023

11,025 views of Ingenuity by about 9:45 a.m.

I weighed 148.8 pounds, circa 10:15 a.m.

I preordered an 8th of a hybrid for tomorrow.

Thursday, November 30th, 2023

I bought an 8th of Jasper, a hybrid.

I ate bluberries.

This afternoon, readings in my feed:

https://www.instagram.com/reel/C0R4fcgseKT/?igshid=ODhhZWM5NmlwOQ== https://www.instagram.com/reel/C0SGnQBuGMi/?igshid=ODhhZWM5NmlwOQ==